

CERES ♀

♋ *in Taurus*

HOW DO YOU RELATE TO YOUR BODY?



You tend to be comfortable in your own skin.

You are a sensory and sensual person.

You love nature and being natural in your body.



HOW DO YOU TAKE PHYSICAL CARE OF YOURSELF AND OTHERS?

You enjoy cooking for others and tending to their bodies.

You love physical affection, comfort, warmth and snuggles.

Your self-care habits are consistent and sustainable.

Your core physical need is:
Food – good healthy food, and food early and often. Also time in nature, in the environment you love the best.
And the affection of beloved animal companions.

HOW DO YOU NEED TO EAT AND NOURISH YOURSELF?



Making food for people is natural to you; you feed others when you feed yourself. The pleasure of eating is as important as the nourishment. You're prone to comfort eating, so watch out for sugar and fat.



HOW DO YOU HANDLE MONEY?

You grow wealth slowly and consistently and can be rather possessive of your money and things.

Big changes in your finances are unsettling and you avoid them; change is hard for you and it's good to practice being flexible about money.

You like to stay organized about your money and know exactly what you have.

YOUR HAVINGNESS BUCKET:



You grow your bucket slowly and gradually and don't easily tolerate financial disasters or setbacks.