

CERES ♀ in Sagittarius

HOW DO YOU RELATE TO YOUR BODY?



You easily trust your body's wisdom and you're content to allow your body to do what it needs to do.

You view your body through the lens of a larger life-philosophy; this keeps you relaxed about the physicality of life.

You like to keep your body in motion and if something happens to curtail your physical mobility or freedom, you will handle it right away.



HOW DO YOU TAKE PHYSICAL CARE OF YOURSELF AND OTHERS?

Food, clothing and shelter should, in your opinion, be comfortable and free you to take off on an adventure.

Your style of physical care may seem spontaneous, even slapdash, to others but it gets the job done just fine.

You take care of yourself and others in a free and optimistic way, assuming that everything will be ok.

You are generous with your support.

Your core physical need is: Unrestricted freedom, movement, spaciousness and a feeling of abundance.

HOW DO YOU NEED TO EAT AND NOURISH YOURSELF?



You are generally relaxed about food and eat a variety of things that appeal in the moment, leading to a rough balance over time without fussing.

Food doesn't have to be fancy for you to enjoy it with gusto.

You enjoy exploring different types of food and experiences related to eating. Exotic foods appeal to you and you are an adventurous eater.

You may be lavish about food, cooking up a large mess of whatever ingredients you have for whoever just walked in the door.



HOW DO YOU HANDLE MONEY?

Your relaxed, generous and open-handed approach to money guarantees that, even though you may not have a lot, there will always be sufficient for your needs. You feel this and it makes you lazy but everything always turns out fine, so you've learned not to worry.

You enjoy giving and you don't attach a lot of importance to it; you're not grasping.

Saving almost doesn't even occur to you, but if you make a practice of it, you will do very well.

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YOUR HAVINGNESS BUCKET:

Your bucket is large, capable of holding a lot or a little, depending on the circumstances. And yet it doesn't generally feel empty. You know how to get money should you need it and in the meanwhile, why be saddled with it? You're naturally generous and just need to put a little forethought into your retirement.