

# Having It All— The Truth and The Myth

*A Love Letter to Women Now  
In Their 20's, 30's and 40's*



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## ***Superwoman, are you trying to “have it all?”***

- Do you feel like you can't get one area right unless you sacrifice attention on another area?
- Did you focus on your career—at the expense of finding the right partner and building a solid marriage?
- Did you put off having kids and now you worry that it's too late?
- Are you struggling to get into the workforce after being a stay-at-home mom?
- Are you juggling it all so fast that you never get to sink down into, just *be* in and enjoy your life?
- Are you surrounded by golden, gleaming superwomen who seem to be doing just fine with all this?
- Does your life/business/child/husband needs more attention from you—but you're too exhausted to give it?

From where you stand, it may look impossible to have every aspect of your life: self, love, career, home life thriving all at once, and yet the golden carrot dangles in front of you. You can't help but long for that mythical state.

Is it a fantasy? Should you just give up? I don't think so, but you'll need to choose your battles and apply your energy where it's the most effective. Astrology can help you do that. Along the way, I'll show you 4 myths and 4 truths about “having it all.”

### ***How did we get here?***

Three generations of women are participating in today's conversation about “having it all.” They are: today's women in their 20's, 30's and 40's (this means you and me), Baby Boomers, presently in their 50's and 60's, and generations of women from the previous century, the Suffragettes.

The Baby Boomers are the most recent generation that made it possible for today's young women to have it all. These are the women who burned their bras in the sixties, attended sit-ins and demonstrations, wrote ground-breaking books, dragged their boyfriends to encounter groups, distinguished women's oppression as a phenomenon and opened up a field of endeavor called women's studies. They broke this wide open for us—to them I say a huge and heartfelt “thank you!!” And they sometimes had to sacrifice their own marriages, families or careers to do it—to this I say an equally huge and heartfelt “no, thank you!!” You and I don't want to do that. We don't want to have to choose.

Their grandmothers, the Suffragettes, Temperance workers, Abolitionists and the Bloomers suffered ridicule and physical attack to provide their daughters with unrestrictive clothing, the right to own property, legal status on a par with white men, the right to vote, and husbands who don't get drunk and beat us. (You do

realize that life within those restrictions was commonplace just last century and there was little a woman could do about it?) This was a gift beyond price. And they did all this without a map! But it left us, their descendants, with the obligation to exercise all those rights by using our political power, working at the best-paying jobs possible, marrying only the right man and only having children when we're ready. We've become picky. And the result is often disappointment and dissatisfaction instead of the passionate existence our great-grandmothers envisioned for us.

Is this all there is?

Is this what they sacrificed for?

Is this what we're killing ourselves for?

## ***Having It All—The Myth***

*(Warning, these myths contain lots of negative self-talk. Don't take it on!)*

**Myth: Since you *can* have it all—you *must*.** You owe it to your mother/grandmother/great-grandmother/Gloria Steinem/whoever-you-care-to-insert-here. She's watching you and she expects great things. It's up to you to justify her efforts.

**Myth: You want to have it all.** This is practically a given, right? Of course you want it all! Who wouldn't? What—you'd rather not get married? What—you secretly think maybe motherhood is not for you? What—you'd really just like to be a homemaker and forgo the career? *What's wrong with you?*

**Myth: If you don't have it all, something's wrong.** You're just not doing it right. You should have this all figured out by now. Perhaps you're just lazy or stupid.

**Myth: Why can't I be more like *her*?** Somebody somewhere is getting this right effortlessly and you should be more like her. If you could just figure out what she's doing, and do that in your own life, it would all smooth out. Guess again!

If you've had ANY of these thoughts in the last year, I am so sorry! I had to say them out loud, right here, in the space between you and me, so that we could both hear how ridiculous they are.

Here's the truth. . .

## ***Having It All—The Truth***

**Truth: Our mothers and grandmothers bought us our freedom—and they paid for it with theirs.** There's no denying it. This may not mean we owe them, but it is a real thing that happened and I am incredibly grateful. I also realize that they did it as much for themselves—because their lives were intolerable—as they did for us. And many of them made gains that they benefitted from directly.

**Truth: We *do* want it all, and it feels wrong to have to make sacrifices.** Why should we have to choose? It is deeply disappointing, but we don't have to be disappointed in ourselves about it. We also don't need to fight society about it. Instead we can choose our battles and let go of what doesn't serve us.

**Truth: Knowing yourself is the key to effectively setting up your excellent life.** What could be more obvious than that?

**Truth: Astrology provides the best, most accurate and vital self-knowledge available anywhere.** Why?

- Because it's personalized. Your chart is different from anyone else's and even if there is one person in this world with the same exact chart, you are a different soul, and will choose to live out your chart's mission in your own unique way.
- It's not tied to an ideology you need to embrace (like a religion, career coaching program, parenting philosophy, relationship guru, etc.).
- It's holistic, containing information about every aspect of your life. Your chart shows you all the pieces of your life and explains why it's been so hard to put those pieces together. It helps you do so coherently and get out of your own way.

## ***So What Is There To Do About It?***

Begin the process of self-discovery through astrology. It really can't wait. A little attention now can save worlds of time later. Why fumble around searching for your purpose when your chart lays it out like the Yellow Brick Road? Why ping-pong from relationship to relationship, adding to your "I'll never again date a person who. . ." list, when you could find a partner who features traits that really matter to you and stop sweating the small stuff? Why worry about your child's future when you can find out how to parent him in the best possible way today?

Astrology can tell you all these things, but obviously this is too much information to deliver in just one reading (after all, we are talking about your WHOLE ENTIRE LIFE here!), so I've divided it up into three focus-points.

**Focus Point One: Set Yourself On Fire**

How to rocket-fuel your career and live your true purpose—whether you know what that is already or not.

**Focus Point Two: Lifelong Love**

How to weave passion and commitment into a dynamic partnership that grows with you both—whether you are now married/partnered or single and looking.

**Focus Point Three: How To Enjoy Your Child**

How to connect with and set appropriate limits for your adorable, secure child (and your own inner child too)—from birth to adulthood.

These are THE huge, main areas of life and you CAN have them all going well at once!

It's doable; it's haveable. I have tons more to share with you about exactly how—much more than we have time for today.

So here's what we do about it. This year I'll be doing a free teleclass on each of these focus-points, along with an invitation to get full-length readings at a discount, so you can find out your own unique path to happiness in each of these areas. But more about that in a minute. I'd like to tell you my story first.

## ***My Story***

This year, 2012, my beautiful daughter Luna was born. This year, all the pieces of my life came together. I was able to get the help I needed to go back to my thriving astrology practice. I am graced with a husband who's an excellent match for me and who has made the decision to bring all of himself to our turbulent marriage. At 48, I finally "have it all." It was never easy and there were no role models. Along the way I got lost, wasted precious time, behaved like a brat and acted entitled. I forgot what I'm truly capable of. But you don't have to make the same mistakes I did. I want you to "have it all" younger than I did.

The most valuable tool that helped me get here was astrology. I looked at my husband's chart on our second date and realized we

had once-in-a-lifetime compatibility and that not only could he make me happy, but I could make him happy too.

In my career, I stayed aware of the changes I was going through and used them to forward my personal and professional progress. I checked the charts of business associates to ensure compatibility and learn how to work with them. I designed a business that works for my personality and motivated myself to follow through. And I tapped into the things that inspire me the most to carry me through the hard times.

But where astrology really came in handy was when it came to family. I was terrified to have a baby. Nothing about pregnancy appealed to me. I was afraid of getting it wrong and ruining a fresh new life. Truthfully, I tried to get out of it, but my husband's chart told me something essential about him: he was born to be a daddy. I knew it the first time I heard him talk about helping raise his little sister, and his chart confirmed it—this man needed to have a baby. At least one. If I married him, and wanted him to be fulfilled in life, I had to overcome my fear and jump into the scary territory of family with him. I did—and that enabled our little one to be born.

Spotting the need for family in my husband's chart gave me a fresh perspective on my own and I saw something in it that I'd always avoided seeing: for me (not for everyone, but for me) having a child was always meant to be the most terrifying, yet exhilarating experience of my life. We're talking serious life purpose here—and I was trying to get out of it? Oops!

As I write this, Luna is only 8 months old and already she has taught me boatloads. I am learning to slow down, to be in the moment, to have patience and to take care of myself. I am learning that I am enough, rough-cut and unfinished though I am. She has taught me that, while my love has to be unconditional, hers already is.

Who knows what the future will bring? Probably worlds of trouble and pain, along with a lot more delight and awe. And we 3 can face it together and love each other through all of it. That is rock-solid.

Thank you for listening. It wasn't easy to share all that. I really want the path to having it all to be easier for you than it was for me. I can't wait to share with you everything that helps me live the vibrant, balanced, happy life I live today. This is why I'm so excited to unveil this year's series of free teleclasses, designed to show you how astrology can help you have it all.

## ***How astrology can help***

Your astrology chart offers the most detailed information on who you really are, what your life-plan is, and what experiences will make you most happy, satisfied and successful. Your chart also tells everything you need to know about changes you go through as they are happening, including what they mean, how to thrive with them and how long they will last—along with the very precise timing they unfold in. Your chart can help you make the most of the compatibility you have with all the people in your life (partner, children, friends, coworkers, boss, clients, and so on). Your chart shows the negative patterns you tend to get caught in, and how to get out of them.

You are the keystone at the center of your life. When you are centered in you, everything can spring outward from there. Sure, finding your true career path is hard and it takes every ounce of discipline you've got. But you're more inspired to pursue a career when it's the right one for you. Sure, the blinding passion you felt at the beginning of your marriage will fade with time. But it's easier to get along with your husband when you know darned well you married him because he is genuinely right for you. And sure, childrearing will take every scrap of patience in your reserve, while testing your ability to function without sleep, but obviously, you can you give your children the loving home they need only when you are taking good care of yourself, and the work of raising them is easier when you understand each child as an individual following her own life plan.

Your astrology chart holds the key to all these things, tailored to you specifically; it's not just generic advice that anyone "should" be able to apply.

So how do you find out your unique career direction, how to find your best partner, build your own safe nest and understand the people in your life?

## ***Join My Free Teleclasses***

### **[Set Yourself On Fire: Rocket-Fuel Your Career, Live Your Purpose](#)**

- Discover your purpose—and feel motivated, energized and in-the-flow
- Tap into wellsprings of focus, self-discipline and personal organization
- Find—or create—a career path that excites and thrills you every day

[Join the teleclass](#) to find out how your chart reveals your life purpose, best career avenues and how to unlock self-discipline. You'll receive a discount code for the readings that can tell you the details that are personal to you. Upcoming teleclass dates and details about how to attend are shown on the web page.

### [Lifelong Love: Passion And Commitment To Last A Lifetime](#)

- Spot traits to look for in the perfect partner for you—helping you recognize him when he appears
- Avoid getting distracted by those “bad boys” who look great but are just wrong for you
- Find true love and keep it by truly knowing yourself and your partner—have passion and commitment in one awesome package

[This teleclass](#) is an introduction to my 5-session teleclass series that scours every inch of your chart to get you the best, most personal and detailed information about relationships that’s available anywhere. The series is for very small groups only—5 to 8 people—so that each participant gets what they need. Upcoming teleclass dates and details about how to attend are shown on the web page.

### [How To Enjoy Your Child: Rock Your Baby, Rock Your World](#)

- Take advantage of your natural mothering style and connect deeply with your child—avoid losing yourself in motherhood and homemaking
- Know your own needs—enabling you to refresh and refuel in the ways that are most effective for you
- Raise a happy, resilient, secure child by knowing what person your child intends to be and how you can help with that

[Join the teleclass](#) to find out how your chart reveals your mothering style, what you need to feel safe, secure and well-taken-care-of, and what your child needs too. Discover how each family member impacts and learns from each other—making your family a special soul-group that chose to be together. Receive a discount code for the reading package that can tell you the details. Upcoming teleclass dates and details about how to attend are shown on the web page.

Each of these teleclasses will happen 4 times in the next year, one each month in a cycle of three per quarter. If you miss one, it will come along again in 3 months. And you’ll also get chances to try the other two.

## ***The Life-Altering Question: “Are You Ready?”***

Are you ready to have it all?

What if every day you got up knowing you’d forward long-term goals *and* be in-the-moment with every human you come into contact with?

What if you *knew* you'd bring your best self to every interaction?  
What if every day you could throw yourself into every area of life, impact it powerfully and share your best self widely?

How would that impact your business, your relationships and your family?

Your life is yours and it's the only one you've got. Don't you want to make it as awesome as possible?

**Register by clicking the links above  
or by emailing me at:  
[info@pandoraastrology.com](mailto:info@pandoraastrology.com)**

Do get in touch with me—I can't wait to help you find your finest path in life and be the Superwoman you really are!

A handwritten signature in cursive script that reads "Jamie". The signature is written in black ink on a light-colored, slightly textured background.

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